

*Cypress Woods*



14<sup>th</sup> Line

Tryout Packet

# *Welcome to the Cypress Woods Crimson Cadette Organization!!*

First, thank you for your interest in this program. I hope this packet & the parent/hopeful meeting will answer the questions you have about the organization. Each hopeful selected will become a part of an organization that represents positive qualities and a standard of excellence that Cypress Woods High School has become known for! My number one goal for the Cadette organization is to have a group of talented, focused young ladies working together as team members who strive for excellence in dance and are willing to work hard to get there.

Please read this entire packet so that you can make a well informed decision to tryout. This organization will be a lot of fun if you like to be really busy and can handle the fast pace. However, it can make you very unhappy if you do not like structure, rules, hard work, and a busy schedule.

There are deadlines and requirements outlined in the packet that you and your parents should become very familiar with. The first is the required hopeful/parent meeting scheduled for Monday, November 26 at 6:00pm in the Cy Woods Commons. We will review important tryout information and answer any questions that you may have about the tryout process. This is the first step in trying out for Crimson Cadettes. You **must** have a parent or guardian with you at this meeting.

The tryout process will last for four days and can be very stressful. The hopeful/parent meeting is designed to answer any questions you may have in order to make the process run as smoothly as possible. The day of tryouts will be a very long day. You are required to stay until the end of the tryout process in case the judges would like to call you back. Please be prepared with snacks and something to work on while you wait. After each group has gone and any callbacks have been reviewed, the first natural break in scores will be found and the selection for the 2019-2020 team will be made.

Although Crimson Cadettes will take a TON of responsibility, determination, and hard work, it can truly add so much to your high school career! Being a part of Cadettes is something that you will hopefully treasure. I trust that as you go through the tryout process you will develop an appreciation for drill team and a respect for the girls that are selected to become part of the team.

***Remember, the tryout process is long and can be difficult sometimes. Please keep a positive attitude through the very end!***

Best of luck,

Mrs. Gregory  
Cadette Director  
[Lauren.Reilly@cfisd.net](mailto:Lauren.Reilly@cfisd.net)

Ms. Reilly  
Cadette Assistant Director  
[Brittany.Reilly@cfisd.net](mailto:Brittany.Reilly@cfisd.net)

## Team Tryouts

### Eligibility:

- All hopefuls and one parent must attend a pre-tryouts meeting **November 26 at 6:00pm in the Cy Woods Commons**
- All Hopefuls must have a current physical. The physical must be on file or given to Mrs. Gregory before they may participate in any movement portion of the tryout process. Physical forms can be found on the CFISD Athletics website. The physical must be current (within the past year). This physical needs to be turned in with the tryout application if a physical is not already on file with the school. The tryout fee (\$10), application and consent form is due November 28<sup>th</sup>.
- Hopefuls must be entering grade 10, 11, or 12 for the 2019-2020 school year.
- Hopefuls must be living in the Cypress Woods attendance area at the time of the tryout.
- Hopefuls must have a conduct grade of all E's and S's.
- Hopefuls and their parents must read over the district handbook and campus addendum and agree to it.
- All hopefuls must ***take and pass*** a constitution test over the rules, procedures & guidelines of Crimson Cadettes. You are responsible for getting a copy of the district handbook and campus addendum found online. The hopeful is responsible for studying for the test on her own. The handbook can be found on the Cadette website- [www.crimsoncadettes.com](http://www.crimsoncadettes.com) The date of the test is Wednesday November 28 from 2:45-3:20 and it will take place in the commons. You will need to secure a ride to take you home after the test. This score does not go into your tryout score but you must pass the test (score of 70 or above). The test will be made up of true/false, matching and multiple choice questions.
- All assistant principals will be checking the hopeful list for the following...
  - ✓ Any level 3 violation of the CFISD Student Code of Conduct
  - ✓ Two or more referrals to DMC
  - ✓ Suspension
  - ✓ Excessive absences as defined in the C.F.I.S.D Code of Conduct...no more than 9 absences
  - ✓ Assignment to AEP
  - ✓ ExpulsionIf any of the above are found you will not be able to tryout.

### **Handbook Test      November 28      2:45pm-3:20pm      Commons**

- Go to [www.crimsoncadettes.com](http://www.crimsoncadettes.com) under FORMS to print a copy of the handbook and addendum to study from, bring something to write with to the test.

### **Hopeful Clinic      December 4-6      Commons, Closed to parents**

**Tuesday December 4 2:50-4:00**

**Wednesday December 5 3:20-4:30** (academic Wednesday tutorials before clinic- may attend tutorials or practice before we start)

- All hopefuls must submit the application with a ***parent signature form, a physical and a copy of your report card*** in order to participate in the hopeful clinic. Each hopeful candidate must also ***pay a \$10 tryout/application fee*** to help pay for the judges.
- Hopefuls should wear a solid black top or leotard and black bottoms. Bottoms can be leggings, jazz or bermuda pants, or capris. Jazz shoes must be worn each day of the clinic. Jazz shoes can be black or tan. (all black clothing, no shorts, no spaghetti straps)
- No cover ups, gum, or jewelry during clinic.
- Hair should be pulled back in a **secure** ponytail. No hair should be in your face.
- Hopefuls will learn a jazz/kick routine to perform during tryouts in front of a panel of judges.

**Review and Mock Tryouts      December 6                      2:50-4:30pm                      Closed to parents**

♥ Mock tryouts will be held the day before tryouts in order to allow all hopefuls to be prepared for the tryout procedure the following day. After mock tryouts feedback will be given and each hopeful will have gotten to practice the tryout procedure once to help get the nerves out.

♥ While waiting for your turn to go you will have lots of time to practice and get prepared for tryouts.

**14<sup>th</sup> line Cadette Tryouts                      December 9                      3:15pm                      Closed to spectators**

- Hopefuls & Parents should park in the back of the school and can wait in the commons/main hallway.
- Parents do not need to wait with hopefuls during tryouts but if you would like to you can.
- If there are callbacks, they will be made after the last group dances.
- Please do not leave until dismissed by Mrs. Gregory.
- An approximate ending time will be given closer to the tryout date once we know how many hopefuls there are.

**How it all works...**

- ♪ All members of Cadettes must re-tryout for the team each year.
- ♪ Tryout groups will be set at 3-6 girls per group. Groups will be made according to height the first day of hopeful clinic.
- ♪ Returning members will not be grouped with new hopefuls in the tryout process.
- ♪ Each group will perform right and left splits and the jazz/kick routine learned during hopeful clinic. Callbacks will be left to the discretion of the judges.
- ♪ Judges will score out of 100 points.
- ♪ Tryout attire: Each hopeful will wear a **solid black top and solid black bottoms, The top can be a Tshirt, tank top or leotard and bottoms can be black bermuda pants, leggings, jazz pants or capris** with her assigned number pinned to the front middle section of her leotard/top. Hair should be pulled back each day for clinic with no hair hanging in your face. For the day of tryouts you hair needs to be in a **Left part, low** ponytail with no hair hanging in her face. Absolutely NO cover ups, jewelry, or gum.
- ♪ Tryouts are CLOSED to spectators.
- ♪ Dance scores will be based on memory and continuity of the routine, jazz technique (coordination, precision, style, grace), high kick technique (flexibility, height, extension, strength, endurance) showmanship (projection, performance quality), overall appearance (posture, carriage, directions followed on what to wear and how to fix hair), splits (flexibility) and rhythm, execution and coordination of the dance routine.
- ♪ See the tryout rubric below:

Appearance, Showmanship & Poise 1 - 10	Splits 1-10	Memory & Continuity 1-20	Jazz Technique & Precision 1-20	Kick Technique & Height 1-20	Rhythm, Execution, & Coordination 1-20	Total Score 1-100
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- ♪ Hopefuls will find out the night of tryouts if they have been selected to be on the team by a form letter posted on our website [www.crimsoncadettes.com](http://www.crimsoncadettes.com). Results will be posted by tryout number.
- ♪ All new members will have a scheduled class for drill team training in the spring semester. This class is mandatory.
- ♪ All decisions of the judges are FINAL. Following tryouts, any hopeful who does not make the team and wishes to review her scores may request an appointment with the director, Mrs. Gregory beginning Monday December 12<sup>th</sup>. January 3, 2017 is the final day to review scores.
- ♪ Any hopeful who does not make the team but wishes to be a part of the Cadette organization can apply for a manager position. Managers do not have to have previously tried out for Cadettes. Anyone interested may apply for manager. Contact Mrs. Gregory for details.

### **Facts about the Dance Team**

- ☞ Dance experience helps, but is not necessary to make the team.
- ☞ Dance experience does not guarantee you a spot on the dance team.
- ☞ An “A” in dance class or encouragement to tryout from the directors does not guarantee you will make the team.
- ☞ All members follow a STRICT disciplinary system and Cadettes require a lot of time. Please become familiar with the handbook before you make your decision to tryout.
- ☞ Once new members are selected they are then called JA’s (Just Added) members. JA’s must meet all requirements during their JA semester to then be inducted into Crimson Cadettes in the summer. JA’s may not receive any more than 5 demerits. Once a JA has received 5 demerits they will be removed from the JA class period and no induction into Crimson Cadettes will occur.
- ☞ There is no standard of appearance required (height, hair length, etc.)

## *Things to Know About Crimson Cadettes...*

Drill team is an organization that develops girls into young ladies by means of competitive dancing. They know and care about what will and will not help them to be successful, and are willing to put forth the effort to attain success. I believe this trait is learned by following a strict discipline code that teaches responsibility and self control. The Crimson Cadette organization focuses on teamwork, the promotion of school spirit, and tradition. Through these things, the Cypress Woods Crimson Cadettes will be an example that others in the community will strive to follow!

### **Time:**

Your family schedules will sometimes have to be adjusted to accommodate your daughter’s commitments in Cadettes. This is a TEAM activity, so each girl must be present for ALL rehearsals and performances. Parents will be asked to give their time organizing events, chaperoning football games, helping with fundraising and events, preparing costumes, and perhaps most importantly, to attend as many performances as possible. Cadettes perform at all varsity football games and pep rallies at Cy Woods. In the spring Cadettes compete as a team in approximately five dance competitions a year along with performing in their annual spring show to close out their year. Cadettes practice every day and even

on holidays and a few Saturdays throughout the year. Schedules are always given far in advance.

### **Money:**

Every effort is made to keep expenses reasonable, but there are considerable costs associated with Cadettes. In an effort to ease the financial burden, the Cadette Booster Club and Cadettes will participate in fundraising to help defray team expenses. Each girl and her family are encouraged to support these events by giving their time and talents, because each family directly benefits the organization.

### **Emotional Involvement:**

Each girl will have her triumphs and disappointments in Cadettes. The love and support of her family will be important to her. Celebrate her triumphs – she worked hard to earn them. Console her during her disappointments, but remember that learning to deal with frustration and pressures are part of her maturation process. Your **POSITIVE ATTITUDE** will influence your daughter's reactions to her experiences. Your daughter should express concerns to the director. Many problems arise from simple misunderstandings and there are always improvements to be made, so communication is the only way to affect a solution.

### **Other Requirements**

- ✓ In the fall new members will join the Cadettes and members must be enrolled in the drill team period (7<sup>th</sup> period). This class will meet everyday during the afternoon period. JA's will be enrolled in their own class period for the spring.
- ✓ Cadettes is a costly activity. All members must be willing to pay ALL financial obligations in a timely manner. The supply cost will be split into payments for their dance supplies, and Cadette items they will receive at summer. This balance will be split into payments. This will be approximately \$1600. No supplies will be given out until supply cost is paid in full.
- ✓ Participation in all fundraising is expected. The fundraising activities help each family reduce the cost of trips and costumes for all of our Cadettes. JAs will sell cookie dough towards the beginning of the spring to help purchase spring show costumes.
- ✓ JA's will purchase their new member JA shirt in January and will need to have supplies for their JA class (tan jazz shoes, practice dance clothes for class, team fee, approx. \$400) JAs will also be expected to pay their class fee of \$100 by Dec. 17<sup>th</sup>. This can be turned in to Mrs. Gregory and paid by cash or check to CCBC.

*\*\*Please see Financial Obligations below\*\**

- ✓ All members must agree to represent Cypress Woods HS in a positive manner outlined in the Cadette addendum, CFISD Drill Team Handbook, and C.F.I.S.D Student Code of Conduct.
- ✓ JA's should be able to attend CFISD showoffs on January 19 at the Berry Center and support the Cadettes and also get to see a preview of the Cadette spring semester.
- ✓ Members must maintain a role-model position in which high morals are to be exhibited at ALL TIMES. If these standards of behavior are not maintained, the member will be dismissed as per the handbook/addendum.
- ✓ CCBC (Crimson Cadettes Booster Club) & Cadettes will host a Regional Dance Contest. The contest is held February 15 and 16. This is our organizations largest fundraiser. Every family is expected to participate with Cadettes and JA's working Friday afternoon & all day Saturday, and parents working shifts. This will be the first event JA's & their families are asked to help with along with current Cadette families.

- ✓ JA's will perform in the Crimson Cadette spring show as their first performance on April 11 and 12. They will have to stay after school the week of the show to practice. JAs will be given a calendar with all practice times.

## Crimson Cadette Approx. Financial Obligation

	Supply Cost	14 <sup>th</sup> line in state trip	Extras
New member payments	\$1600	\$1300	\$500
Returning Member payments	\$700 -1200	\$1300	\$500

\*These payments are based on past year's prices and may vary \*  
\*\*There are additional fees for line & social officers\*\*

Cadettes also participate in numerous fundraisers (approx. one a month) to help off set costs for trips. Cadettes must meet all financial obligations in order to participate. Next year is an in state year for cadettes so the trip will cost less than our out of state trips. Cadettes switch every other year whether trips are in state or out of state.

**If you make it:**

If you do make the team there will be a short meeting for JA members on **Thursday Dec. 13 at 6:50am** in the dance room with Mrs. Gregory. New JAs will receive a tentative schedule for the spring and information on payments, etc to bring home to parents. This meeting is mandatory for JAs. The meeting will be from 6:50am-7:10am.



# Cypress Woods Crimson Cadettes 14<sup>th</sup> Line Tryout Application and Consent Form

Due to Mrs. Gregory by Wednesday November 28<sup>th</sup>, 2018  
late applications will not be accepted

Attach your physical to this form if it is already not on file with the school  
And also attach in an envelope your \$10 (cash) tryout fee

Name: \_\_\_\_\_ current classification/grade: \_\_\_\_\_

Address: \_\_\_\_\_ City & Zip: \_\_\_\_\_

Subdivision: \_\_\_\_\_ Parent email: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Student ID # \_\_\_\_\_

Home Phone: \_\_\_\_\_ Your Cell Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Mother Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Father's Phone: \_\_\_\_\_

Are you employed? \_\_\_\_\_ If yes, where? \_\_\_\_\_

Number of hours per week: \_\_\_\_\_

Would your employment interfere with practice or performance? Yes No

Have you ever taken dance lessons before? Yes No

If yes, where: \_\_\_\_\_

Is your physical attached to this paper? \_\_\_\_\_ OR Is it already on file with the school? \_\_\_\_\_  
Have you also attached your \$10 cash tryout fee? YES or NO

.....

I, \_\_\_\_\_, have read and agree to comply with the rules and requirements of the Crimson Cadettes line tryouts. I give my daughter, \_\_\_\_\_, permission to tryout for this team and agree to meet all attendance, financial, and fundraising obligations if she is selected as a new member.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Hopeful Signature \_\_\_\_\_ Date \_\_\_\_\_



# Crimson Cadettes 14<sup>th</sup> line Tryout Parental Consent Form 2018

My child, \_\_\_\_\_ and I have discussed the responsibilities of being a member of the Crimson Cadettes Drill Team, such as cost, time involved, physical requirements, performance tryouts and the Cadette rules. I understand her obligations and responsibilities as a member and I will help and support her during her assignments throughout the entire year. I have also reviewed the CFISD drill team guidelines and Crimson Cadettes addendum and understand drill team members follow a strict disciplinary system and agree to abide by it. Cadettes and their parents are expected to have participate fully, have good attendance at practices/events and be a team player.

I realize that if my child should make the team, she will not be guaranteed a spot in each performance. Tryouts for most performances will determine if a member is in a dance and will perform.

I realize that the financial obligation must be met in a timely manner in order for my child to participate. I understand that each individual member must pay for her own drill team supplies, fees, travel, choreography, performance and practice wear, etc. Since drill team is an extra-curricular activity there are no funds available for those who may need financial assistance. Fundraisers will be done but most cost must be covered by the drill team member. It is the individual member's parent/guardians who are responsible for finding means to cover the fees associated with drill team. Drill team fees are non refundable.

I understand that my daughter must be all requirements and deadlines in order to continue in the tryout process that were listed and discussed in the tryout packet.

I agree that my child is physically able to tryout without risk of physical harm. I give my permission for my child to participate in tryouts and understand as well as agree that the decision of the judges will be final.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's name printed

Check list of things due Nov. 28 for tryouts to Mrs. Gregory:

- This paper (both sides signed application and consent)
- A copy of your Report Card
- \$10 tryout fee (cash)
- Physical (or note it is on file already with the school so)

## **Important Dates Break Down:**

Nov. 26- Parent and Hopeful Meeting in the commons 6pm

Nov. 28- paperwork due (application, consent form, report card, \$10 fee, physical)  
Handbook/Addendum Test 2:45pm-3:20pm

Dec. 4- learn first half of the tryout routine 2:50-4pm

Dec. 5- learn the second half of the tryout routine 3:20-4:30pm

Dec. 6- Review and Practice tryout routine, Mock Tryouts 2:45-4:30pm

Dec. 7- Tryouts- ready at 3pm, tryouts will start at 3:15pm  
results posted online by tryout number

\*Dec 4-7 you will meet in the commons

\*Dec. 13 6:50am if you make the team- meeting in the dance room with Mrs. Gregory