

Cypress Woods



15th line

current 8th grader

Tryout Packet

Welcome to the Cypress Woods Crimson Cadette Organization!!

First, thank you for your interest in this program. I hope this packet along with the parent/hopeful meeting will answer the questions you have about the organization. Each hopeful selected will become a part of an organization that represents positive qualities and a standard of excellence that Cypress Woods High School has become known for! My number one goal for the Cadette organization is to have a group of talented, focused young ladies working together as team members who strive for excellence in dance and are willing to work hard to get there.

Please read this entire packet so that you can make a well informed decision to tryout. This organization will be a lot of fun if you like to be really busy and can handle the fast pace. However, it can make you very unhappy if you do not like structure, rules, hard work, and a busy schedule.

There are deadlines and requirements outlined in the packet that you and your parents should become very familiar with. The first is the required hopeful/parent meeting scheduled for Tuesday, February 25 at 6:00pm in the Cy Woods Commons. We will review important tryout information and answer any questions that you may have about the tryout process. This is the first step in trying out for Crimson Cadettes. You **must** have a parent or guardian with you at this meeting.

The tryout process will take place over the course of a few days and can be very stressful. The hopeful/parent meeting is designed to answer any questions you may have in order to make the process run as smoothly as possible. For the day of tryouts, March 17 you are required to stay until the end of the tryout process in case the judges would like to call you back. Please be prepared with snacks and something to work on while you wait. After each group has gone and any callbacks have been reviewed, the first natural break in scores will be found and the selection for the 2020-2021 new Cadette 9th grade members will be made.

Although Crimson Cadettes will take a TON of responsibility, determination, and hard work, it can truly add so much to your high school career! Being a part of Cadettes is something that you will hopefully treasure. I trust that as you go through the tryout process you will develop an appreciation for drill team and a respect for the girls that are selected to become part of the team.

Remember, the tryout process is long and can be difficult sometimes. Please keep a positive attitude through the very end!

Best of luck,

Mrs. Gregory
Cadette Director
Lauren.Gregory@cfisd.net

Ms. Reilly
Cadette Assistant Director
Brittany.Reilly@cfisd.net

Team Tryouts

Eligibility:

- All hopefuls and one parent must attend a pre-tryouts meeting **Tuesday February 25 at 6:00pm in the Cy Woods Commons**
- All Hopefuls must have a current physical. The physical must be on file or given to Mrs. Gregory before they may participate in any movement portion of the tryout process. Physical forms can be found on the CFISD Athletics website. The physical must be current (within the past year). This physical needs to be turned in with the tryout application if a physical is not already on file with the school. The application and consent form is due February 28.
- The physical paperwork can be found here:

[file:///C:/Users/E050451/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/2B04UYKS/Dance%20Physical%20Form%20\(2019-2020\).pdf](file:///C:/Users/E050451/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/2B04UYKS/Dance%20Physical%20Form%20(2019-2020).pdf)

- For this tryout Hopefuls must be entering 9th grade for the 2020-2021 school year
- Hopefuls must be living in the Cypress Woods attendance area at the time of the tryout or have completed a transfer. Residence codes will be checked and transfers must already be approved by CFISD before tryouts.
- Hopefuls must have a conduct grade of all E's and S's.
- Hopefuls and their parents must read over the district handbook and campus addendum and agree to it. Both can be found on the Cadette website
- All hopefuls must **take and pass** a constitution test over the rules, procedures & guidelines of Crimson Cadettes. You are responsible for getting a copy of the district handbook and campus addendum found online. The hopeful is responsible for studying for the test on her own. The handbook can be found on the Cadette website-www.crimsoncadettes.com The date of the test is Monday March 2 and it will take place in the Cy Woods commons along with day 1 of learning your tryout routine. This score does not go into your tryout score but you must pass the test (score of 70 or above). The test will be made up of true/false, matching and multiple choice questions. If you do not pass the test you will have another opportunity to retake the test on March 3 and if you do not pass the test March 3 you will be cut from the tryout process so you will no longer be an eligible Cadette candidate.
- You will need to secure a ride to get you to Cy Woods and take you home after each day of the clinic, tryouts and practices.
- All assistant principals will be checking the hopeful list for the following...
 - ✓ Any level 3 violation of the CFISD Student Code of Conduct
 - ✓ Two or more referrals to DMC
 - ✓ Suspension
 - ✓ Excessive absences as defined in the C.F.I.S.D Code of Conduct...no more than 9 absences
 - ✓ Assignment to AEP
 - ✓ Expulsion

If any of the above are found you will not be able to tryout.

Registrars will also verify that you are zoned to Cy Woods HS or have completed a transfer

Hopeful Clinic-- Monday March 2 and Tuesday March 5-6:30pm

Cy Woods Commons, Closed to parents

- ⊛ Hopefuls should wear a solid black top or leotard and black bottoms. Bottoms can be leggings, jazz or bermuda pants, or capris. Jazz shoes must be worn each day of the clinic. Jazz shoes can be black or tan. (all black clothing, no shorts, no spaghetti straps)
- ⊛ No cover ups, gum, or jewelry during clinic.
- ⊛ Hair should be pulled back in a **secure** ponytail/bun. No hair should be in your face.
- ⊛ Hopefuls will learn a jazz/kick routine to perform during tryouts in front of a panel of judges.

Handbook Test March 2

- ð Go to www.crimsoncadettes.com under FORMS to print a copy of the handbook and addendum to study from, bring something to write with to the test.

You will be provided with a video of the dance routine to help you practice. You will also have lots of time to practice on your own before tryouts.

15th line Cadette Tryouts March 17 5pm Closed to spectators

- Hopefuls & Parents should park in the back of the school and can wait in the commons/main hallway.
- Parents do not need to wait with hopefuls during tryouts but if you would like to you can.
- If there are callbacks, they will be made after the last group dances.
- Please do not leave until dismissed by Mrs. Gregory.
- An approximate ending time will be given closer to the tryout date once we know how many hopefuls there are. (the tryout process will probably take about 1 hour)
- The natural break in scores will determine how many 8th graders will make Cadettes. There is no set number on how many can make Cadettes.

How it all works...

- ♪ Tryout groups will be set at 3-4 girls per group. Groups will be made according to height the first day of hopeful clinic.
- ♪ Returning members will not be grouped with new hopefuls in the tryout process. This tryout is only for rising 8th graders.
- ♪ Each group will perform right and left splits and the jazz/kick routine learned during hopeful clinic. Callbacks will be left to the discretion of the judges.
- ♪ Judges will score out of 100 points.
- ♪ Tryout attire: Each hopeful will wear a **solid black top and solid black bottoms, The top can be a Tshirt, tank top or leotard** and **bottoms can be black bermuda pants, leggings, jazz pants or capris** with her assigned number pinned to the front middle section of her leotard/top. Hair should be pulled back each day for clinic with no hair hanging in your face. For the day of tryouts you hair needs to be in a **Left part, low** ponytail with no hair hanging in her face. Absolutely NO cover ups, jewelry, or gum.
- ♪ Tryouts are CLOSED to spectators.

- ♪ Dance scores will be based on memory and continuity of the routine, jazz technique (coordination, precision, style, grace), high kick technique (flexibility, height, extension, strength, endurance) showmanship (projection, performance quality), overall appearance (posture, carriage, directions followed on what to wear and how to fix hair), splits (flexibility) and rhythm, execution and coordination of the dance routine.
- ♪ See the tryout rubric below:

Appearance, Showmanship & Poise 1 - 10	Splits 1-10	Memory & Continuity 1-20	Jazz Technique & Precision 1-20	Kick Technique & Height 1-20	Rhythm, Execution, & Coordination 1-20	Total Score 1-100
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- ♪ Hopefuls will find out the night of tryouts if they have been selected to be on the team by a form letter posted on our website www.crimsoncadettes.com. Results will be posted by tryout number.
- ♪ All new members will have a scheduled dance class for drill team beginning in the fall of their freshman year at Cy Woods. This class is mandatory and is held during 7th period.
- ♪ All decisions of the judges are FINAL. The judges will be looking for dance potential and for candidates that can easily transition on to the Cadettes team. Following tryouts, any hopeful who does not make the team and wishes to review her scores may request an appointment with the director, Mrs. Gregory or email Mrs. Gregory to see their scores and comments beginning Wednesday March 18th. April 15th is the final day to review scores. The score break will not be released. Other students' scores will not be released (in accordance with FERPA law). You may only see your own scores.
- ♪ Any hopeful who does not make the team but wishes to be a part of the Cadette organization can apply for a manager position. Managers do not have to have previously tried out for Cadettes. Anyone interested may apply for manager. Contact Mrs. Gregory for details.
- ♪ Any hopeful that does not make the team will have the option to be placed in a drill team training class in the fall taught by the Cadette directors to help them for the following years tryouts. If you do not make Cadettes it is encouraged to tryout again the following year and get into drill team training/dance class at Cy Woods to help them prepare for the next tryout.

Facts about the Dance Team

- ☞ Dance experience helps, but is not necessary to make the team.
- ☞ Dance experience does not guarantee you a spot on the dance team.
- ☞ All members follow a STRICT disciplinary system and Cadettes require a lot of time. Please become familiar with the handbook before you make your decision to tryout.
- ☞ Once new members are selected they are then called JA's (Just Added) members. JA's must meet all requirements during their JA semester to then be inducted into Crimson Cadettes in the summer. JA's may not receive any more than 5 demerits. Once a JA has received 5 demerits no induction into Crimson Cadettes will occur..
- ☞ Our 8th grade JAs will be our "new baby JAs" until they are inducted into Cadettes
- ☞ There is no standard of appearance required (height, hair length, etc.)
- ☞ Some of the skills (more will be included) that will be in the tryout routine- splits (left and right), double and triple pirouette (right), calypso leap (right), grande jete, a la seconde fouetté turns, high kicks, stationary leap.
- ☞ A double pirouette, flat splits along with a flat grande jete/leap, calypso leap, and kicks are very basic skills for Cadettes. You should also understand how to roll to the floor out of a calypso leap.

- If you are wanting even more help to prepare for tryouts Jazz classes and drill team prep classes at a dance studio can be good idea.
- If you have never taken dance lessons before it may be hard to make the team your first time. If you do not make the team this year and this is something you want to be a part of don't give up! Prepare to tryout again the following year and get in the drill team prep class at Cy Woods your freshman year.

Things to Know About Crimson Cadettes...

Drill team is an organization that develops girls into young ladies by means of competitive dancing. They know and care about what will and will not help them to be successful as a team, and are willing to put forth the effort to attain success. I believe this trait is learned by following a strict discipline code that teaches responsibility and self control. The Crimson Cadette organization focuses on teamwork, the promotion of school spirit, and tradition. Through these things, the Cypress Woods Crimson Cadettes will be an example that others in the community will strive to follow!

Time:

Your family schedules will sometimes have to be adjusted to accommodate your daughter's commitments in Cadettes. This is a TEAM activity, so each girl must be present for ALL rehearsals and performances. Parents will be asked to give their time organizing events, chaperoning football games, helping with fundraising and events, preparing costumes, and perhaps most importantly, to attend as many performances as possible. Cadettes perform at all varsity football games and pep rallies at Cy Woods. In the spring Cadettes compete as a team in approximately five dance competitions a year along with performing in their annual spring show to close out their year. Cadettes practice every day after school and even on some school holidays along with a few Saturdays throughout the year. Schedules are always given far in advance.

Money:

Every effort is made to keep expenses reasonable, but there are considerable costs associated with Cadettes. In an effort to ease the financial burden, the Cadette Booster Club and Cadettes will participate in fundraising to help defray team expenses. Each girl and her family are encouraged to support these events by giving their time and talents, because each family directly benefits the organization.

Emotional Involvement:

Each girl will have her triumphs and disappointments in tryouts and also Cadettes. The love and support of her family will be important to her. Celebrate her triumphs – she worked hard to earn them. Console her during her disappointments, but remember that learning to deal with frustration and pressures are part of her maturation process. Your **POSITIVE ATTITUDE** will influence your daughter's reactions to her experiences. Your daughter should express concerns to the director. Many problems arise from simple misunderstandings and there are always improvements to be made, so communication is the only way to affect a solution.

Other Requirements

- ✓ In the fall 2020 new members will join the current Cadettes and members must be enrolled in the drill team period (7th period). This class will meet everyday during the afternoon period. New 8th grade JA's will have a few practices to help train them to join Cadettes and help ease the transition.
 - ✓ Cadettes is a costly activity. All members must be willing to pay ALL financial obligations in a timely manner. All Cadettes purchase their own supplies. The supply cost will be split into payments for their dance supplies, and Cadette items they will receive at summer. This balance will be split into payments along with due dates. This will be approximately \$1600 for new members. No supplies will be given out until supply cost is paid in full. Returning Cadettes supply cost is less as they do not have to purchase everything again only new items for the year and fees. This can be turned in to Mrs. Gregory and paid by cash or check to CCBC. The supply order will be sent out to those who make the team.
 - ✓ Participation in all fundraising is expected. The fundraising activities help each family reduce the cost of trips, contest entry fees, and costumes for all of our Cadettes. JAs will participate in a fundraiser towards the beginning of the spring to help purchase spring show costumes.
- **Please also see Financial Obligations below***
- ✓ All members must agree to represent Cypress Woods HS in a positive manner outlined in the Cadette addendum, CFISD Drill Team Handbook, and C.F.I.S.D Student Code of Conduct.
 - ✓ Members must maintain a role-model position in which high morals are to be exhibited at ALL TIMES. If these standards of behavior are not maintained, the member will be dismissed as per the handbook/addendum.
 - ✓ JA's will perform in the Crimson Cadette spring show as their first performance on April 16 and 17. They will have to stay after school a few times leading up to the performance so that they can practice and be prepared.

Crimson Cadette Approx. Financial Obligation

	Supply Cost	15 th line out of state trip	Extras
New member payments	\$1600	\$2400	\$500
Returning Member payments	\$700 -1200	\$2400	\$500

*These payments are based on past year's prices and may vary *
There are additional fees for line & social officers

Cadettes also participate in numerous fundraisers (approx. one a month) to help off set costs for trips. Cadettes must meet all financial obligations in order to participate. Next year is an out of state year for Cadettes so the trip will cost more than our in state trips. Cadettes switch every other year whether trips are in state or out of state.

If you make it:

Your number will be posted online on the Cadette website the evening after tryouts conclude.
 ***If you do make the team parents will receive an email with information on how you will proceed.
 You will also need to attend all Cadette practices listed on the last page of this packet.



Cypress Woods Crimson Cadettes 15th Line Tryout Application and Consent Form

Due to Mrs. Gregory by Friday February 28th, 2020
late applications will not be accepted

Attach your physical to this form if it is already not on file with the school
And also attach in an envelope your \$10 (cash) tryout fee

Name: _____ current classification/grade: _____
Current School Attending _____

Are you zoned to Cy Woods HS? YES NO
If no have you completed done transfer paperwork? _____

Home Address: _____ City & Zip: _____

Subdivision: _____ Parent email: _____

Birthdate: _____ Student ID # _____

Home Phone: _____ Your Cell Phone: _____

Mother's Name: _____ Mother Phone: _____

Father's Name: _____ Father's Phone: _____

Have you ever taken dance lessons before? Yes No

If yes, where: _____

Is your physical attached to this paper? _____ OR Is it is already on file with the school? _____
Have you also attached your \$10 cash tryout fee? YES or NO

If I do not make Cadettes I would like to be in the drill team prep class at Cy Woods for my 9th
grade year YES or NO

.....
I, _____, have read and agree to comply with the rules and
requirements of the Crimson Cadettes line tryouts. I give my daughter,
_____, permission to tryout for this team and agree to meet all attendance,
financial, and fundraising obligations if she is selected as a new member.

Parent Signature _____ Date _____

Hopeful Signature _____ Date _____

Crimson Cadettes 15th line Tryout

Rising 8th grader Parental Consent Form 2020

My child, _____ and I have discussed the responsibilities of being a member of the Crimson Cadettes Drill Team, such as cost, time involved, physical requirements, performance tryouts and the Cadette rules. I understand her obligations and responsibilities as a member and I will help and support her during her assignments throughout the entire year. I have also reviewed the CFISD drill team guidelines and Crimson Cadettes addendum and understand drill team members follow a strict disciplinary system and agree to abide by it. Cadettes and their parents are expected to participate fully, have good attendance at practices/events and be a team player.

I realize that if my child should make the team, she will not be guaranteed a spot in each performance. Tryouts for most performances will determine if a member is in a dance and will perform.

I realize that the financial obligation must be met in a timely manner in order for my child to participate. I understand that each individual member must pay for her own drill team supplies, fees, travel, choreography, performance and practice wear, etc. Since drill team is an extra-curricular activity there are no funds available for those who may need financial assistance. Fundraisers will be done but most cost must be covered by the drill team member. It is the individual member's parent/guardians who are responsible for finding means to cover the fees associated with drill team. Drill team fees are non refundable.

I understand that my daughter must be all requirements and deadlines in order to continue in the tryout process that were listed and discussed in the tryout packet.

I agree that my child is physically able to tryout without risk of physical harm. I give my permission for my child to participate in tryouts and understand as well as agree that the decision of the judges will be final.

Parent/Guardian Signature

Date

Parent's name printed

Check list of things due Feb. 28 for tryouts to Mrs. Gregory:

- ___ Two forms (application and consent- this paper and the one before)
- ___ A copy of your last Report Card
- ___ Physical (or note it is on file already with the school so)

*NOTE all forms can also be found online at www.crimsoncadettes.com if needed

Tryout Process Important Dates Break Down:

Tuesday February 25 - Parent and Hopeful Meeting in the Cy Woods commons/cafeteria 6pm

Friday February 28- paperwork due (application, consent form, report card, \$10 fee, physical) due to Mrs. Gregory can drop off at front desk of Cy Woods for Mrs. Gregory or turn in at the parent meeting

Monday March 2- 5-6:30pm in the Cy Woods commons
learn tryout routine and take handbook/addendum test

Tuesday March 3- Review and Practice Tryout routine 5-6:30pm

Tuesday March 17- Tryouts

ready at 5pm in commons, tryouts will start at 5pm, tryouts will take place in the dance room
At the conclusion of tryouts Mrs. Gregory will dismiss then results will be posted online (www.crimsoncaddettes.com) by tryout number approximately 30 minutes after dismissal

For each day you are dancing (March 2, 3, and 17) you need to be dressed in your all black clothes (black top, black pants), tan or black jazz shoes, hair pulled back, no jewelry)

If you make it you must attend the following.

an exact calendar will be given to those who make the team:

- March 30, April 6- New Member Spring Show Practice 3:45-4:45pm
- April 14, 15- Spring Show Practice, Cy Woods Auditorium 3:45pm-6pm
- April 16 and 17- Spring Show Performances 7pm Cy Woods Auditorium
- April 16-5pm meet in auditorium for spring show (show 7pm)
- April 17- 5pm meet in auditorium for spring show (show 7pm)
- April 20- New Member Practice 3:45pm-5pm (stand routines)
- April 24- New Member Practice 3:45pm-5pm (cadette style)
- April 30- New Member Practice 3:45pm-5pm (uniform fitting and review)
- May 5- 3:45-5pm 15th Line Team Practice
- May 6- 3:45-5pm 15th Line Team Practice
- May 11- 3:45- 5pm 15th Line Team Practice
- May 12- 3:45-5pm 15th Line Team Practice
- May 13- 3:45-5pm 15th Line Team Practice
- May 14- 3:45-5pm 15th Line Team Practice
- May 18- Cadette Individual Pictures 3:45pm
- May 19- Cadette Team Picture 3:45pm-4:30pm
- May 29- New Member Practice 9am-11am

*Cadettes will return for summer practices around July 22 (date TBA pending school calendar)
make sure you are in town as summer practices are mandatory

Check list of things due Feb. 25 for tryouts to Mrs. Gregory:

- ___ signed application and signed consent form
- ___ A copy of your Report Card
- ___ Physical (or note it is on file already with the school so)